

# MOUNT MARTY INVITE

*MOUNT MARTY UNIVERSITY - RUTH DONOHUE FIELDHOUSE*

*Women (Men's Multi) -JANUARY 29<sup>TH</sup> 2021// Men- JANUARY 30<sup>TH</sup> 2021*



## Mount Marty Elite Open

### *Field Events*

10:00am	Long Jump	Girls Then Boys (4 jumps)
10:00am	Shot Put	Girls Then Boys

### *Running Events*

9:55am	60 Hurdles	(Girls then Boys)
10:15 am	60m Dash	(Girls then Boys)
10:30 am	Mile Run	(Girls then Boys)
11:00am	400m Dash	(Girls then Boys)
11:30am	800m Run	(Girls then Boys)
11:45am	60m Dash Final	(Boys then Girls)
12:00pm	60m Hurdle Final	(Boys then Girls)

## **Combined Schedule (Saturday)**

9:55am            60 Hurdles            (Girls then Boys)

10:00am            Girls Long Jump

10:00am            Girls Shot Put

10:10am            College Hep Men's Hurdles

10:15 am            60m Dash            (Girls then Boys)

10:30 am            Mile Run            (Girls then Boys)

10:40am            College Hep Pole Vault

11:00am            400m Dash            (Girls then Boys)

11:30am            800m Run            (Girls then Boys)

11:45am            60m Dash Final    (Boys then Girls)

12:00pm            60m Hurdle Final (Boys then Girls)

---

**Noon-12:30        Officials Break**

1:00pm            Hep 1000m Run

## **Field Events**

1:00pm            Weight Throw

1:00pm            Long Jump

1:00pm            Pole Vault

1:00pm            High Jump

2:30pm            Triple Jump

2:30pm            Shot Put

## **Running Events- will not go ahead of schedule**

3:30pm            4x800 relay

3:50                60 Hurdle Prelims

4:00                60 Dash Prelims

4:10                800

4:20                Mile

4:30                60 Hurdle Final

4:40	60 Dash Final
------	---------------

4:50	600
------	-----

5:00	400
------	-----

5:15	1000
------	------

5:25	200
------	-----

5:45	5000
------	------

6:15	4x4 Relay
------	-----------